

# Nutrition Services

**\*Individual Nutrition Consultation .....50 min. \$225**

*Our Registered Dietitian will assess your current meal patterns and identify sources of inflammation, hormone balance, gut health, and potential medication-nutrient interactions. The tailored strategies to reach goals include specific diet and lifestyle recommendations; as well as supplement and nutritional testing recommendations, as needed.*

**\*30 minute Nutrition Consultation ..... \$125**

*This session is perfect for reviewing supplements and testing options; as well as addressing a specific nutrition topic, or as a follow up to a prior consultation.*

**\*Extended Nutrition Consultation Package .....\$300**

*Extend your Cal-a-Vie Nutrition Consultation with continued care after you leave Cal-a-Vie. This package includes one 50 minute private consultation, and one 30 minute follow-up session to provide support for your transition at home.*

**\*WellnessFx .....\$1575**

*Maximize your health on a biochemical level with our executive lab panel which includes your cardiovascular, metabolic, hormonal, and nutritional markers.*

## **CYREX FOOD SENSITIVITY TESTING (BLOOD)**

**Array 2: Leaky Gut .....\$550**

**Array 3: Gluten Sensitivity .....\$750**

**Array 4: Cross-Reactive Foods Sensitivities .....\$650**

**Array 10: 180 Raw and Cooked Foods .....\$1060**

**Combination of 2-4 Arrays ..... \$1150-\$2500**

**All 4 Array .....\$2500**

## **GENOVA HORMONE & NUTRITIONAL TESTING**

**Adrenal (Saliva) .....\$485**

**Thyroid (Blood) .....\$560**

**Complete Hormone Test (Urine) .....\$ 975**

**NutrEval (Blood & Urine) .....\$1475**

**GI Effects (Stool) .....\$1500**

*\*\*Note: All tests include interpretation and a follow-up phone consultation with our Registered Dietitian*

(\*Not available for trade or upgrade)

